

sex talk.

answers to your questions about sex and relationships

wildfact

Based on a recent poll among 18-34 year olds, most said their current relationship started by “being platonic friends first” (40%), followed by “formally dating” (35%), and then “as a casual physical relationship” (24%).

Will he still be into me if I don't have sex with him?

While there are no universal rules when it comes to love and sex – we are talking about real people here, after all – there are some practical guidelines to consider. If you are looking for a relationship, waiting on sex can make a lot of sense. That's not to say that there aren't committed couples out there who hooked up early on. It's just that sex has the potential to complicate things. Different couples move at different speeds with regard to sex: the important thing to consider is that you are both traveling together at the same speed.

If you want to gauge his interest in you, there's actually a better indicator than sex: having a conversation about it. If you sense that he is losing interest based on your decision to wait, you have your answer. On the other hand, if he's supportive, he just might be the right guy for you. Good relationships

are marked by being on the same page about who you are as a couple and maybe even where you are going. When one person craves only sex and the other is longing for something more, it's hard to make things work.

Chances are, if you have doubts about his level of interest, sleeping with him is unlikely to change that – though he may be more than willing to be a “friend with benefits.” But if you want something beyond sex, you risk more by doing the deed than by holding off. Be honest and realistic about what you are looking for. When the time is right, communicate those feelings. You may be surprised how revealing the conversation is. In the end, you get to decide the kind of relationship you enter into, if at all. Will it be, “single,” “in a relationship,” or “it's complicated”?



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Have a question? Email it to sextalk@email.arizona.edu



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SexTalk is written by Lee Ann Hamilton, MA, CHES, David Salafsky, MPH, and Carrie Johnson, MEd, CHES, health educators at the UA Campus Health Service.