

sex talk.

answers to your questions about sex and relationships

wildfact

Our pharmacy has many sexual health products available: condoms, lube, pregnancy tests, dams and much more.

SexTalk asked over 100 UA students, “What do you do to stay sexually healthy?” Here’s what they said:

1. Wear a condom.
2. Don't have sex.
3. Use birth control pills.
4. Get tested.
5. Communicate with partner(s).
6. I'm in a mutually monogamous relationship where we've both been tested for STIs and we still use condoms and birth control pills: No babies for us!
7. Plan ahead, be prepared.
8. Visit my doctor (gyno) once a year.
9. Think before I love.
10. Say NO if not ready!
11. Get annual check-up.
12. Know my limits.
13. Be monogamous.
14. I try to stay away from hookers.
15. Figure everything out before having sex.
16. Don't mix sex & alcohol.
17. Learn about sex education and stock up on dental dams.
18. Have Plan B on hand.
19. No random drunk frat party sex.
20. Choose partner wisely.
21. Be smart with my heart.
22. Stay informed.
23. Don't have sex, make love.
24. Consent is sexy.
25. Respect partner.
26. Masturbate.
27. Safe sex is great sex!
28. Always pee after sex to prevent infection.
29. Be faithful.
30. Only have sex with people that I trust and always, ALWAYS use protection.
31. Get a pap smear.
32. Don't have sex with more than one person at a time.
33. Go to sex education events.
34. Don't pull out and pray.
35. Feel sexy.



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Have a question? Send it to sextalk@email.arizona.edu

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