

Mental Health Emergency Assistance

If this is a life-threatening emergency or someone's safety is at risk, call 911 immediately.

During Business Hours (Monday – Friday, 8am-5pm)

In Person:

You can walk in for an emergency consultation at Counseling & Psych Services. We have two locations:

- CAPS Main - At Highland Commons, 1224 E. Lowell St – 3rd floor of Campus Health Service
- CAPS North - At North District, 1051 E. Mabel St – 2nd floor *inside* NorthREC

By Phone:

- CAPS Main – (520) 621-3334
- CAPS North – (520) 626-3100

After Hours and UA Holidays:

- Call us at either (520) 621-3334 or (520) 626-3100 and speak with a licensed mental health provider.