

PREVENTION IS KEY.

Prevent the spread of Coronavirus (COVID-19)



WASH YOUR HANDS OFTEN
with soap & water for at
least 20 seconds or use an
alcohol-based hand sanitizer.



AVOID TOUCHING your eyes, nose,
& mouth with unwashed hands.
AVOID CLOSE CONTACT with
people who are sick.



STAY HOME if you are sick.
CLEAN & DISINFECT frequently
touched objects & surfaces.



COVER YOUR MOUTH & NOSE with
a tissue or your sleeve (not your
hands) when coughing or sneezing.



If you have questions or want to learn more, visit
www.pima.gov/covid19 or call (520) 626-6016
Additional info & updates: HEALTH.ARIZONA.EDU



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