

# RECOMMENDED VACCINES

## *for Incoming Freshman*

VACCINE	# OF DOSES	NOTES
<b>Hepatitis A</b>	2-dose series, given over a 6-month period	This is a lifetime vaccination and recommended for travel.
<b>Hepatitis B</b>	3-dose series, given over a 6-month period	For most, this is considered a lifetime vaccination. A 2-dose series is available for those who qualify.
<b>HPV</b>	2 or 3-dose series, given over a 6-month period	Considered a lifetime vaccination which protects against the human papillomaviruses that cause most cervical cancers, anal cancer, and genital warts.
<b>Influenza</b>	1-dose, given seasonally	Seasonal vaccine and should be updated yearly.
<b>Meningococcal</b> (MenACWY)	1-dose, usually given in middle school and then another in high school before college	Considered effective protection against meningitis caused by serogroups A, C, W, & Y for approximately 5 years, and might need to be updated for travel into endemic areas.
<b>Meningitis B</b>	2 or 3-dose series, given over a 1-6 month period	Considered to offer protection against meningitis caused by serogroup B.
<b>MMR*</b> (Measles/Mumps/Rubella)	2-dose series	2-MMRs are considered a lifetime vaccination.
<b>Polio</b>	3 to 4-dose series	Inactivated injectable Polio vaccination is considered a one-time adult booster for those who received the Polio series as a child.
<b>Td OR Tdap</b> (Tetanus/Diphtheria; Tetanuss/Diphtheria/Acellular Pertussis)	Childhood series then 1-dose booster every 10 years	A Tdap is recommended when traveling within the last 10 years.
<b>Varicella</b> (Chicken Pox)	2-dose series	For those who did not have chicken pox as a child. It is considered a lifetime vaccination.

Each vaccination has risks and possible complications. Questions? Contact the UA Campus Health Service Immunization Nurse at (520) 621-2292, your healthcare provider, or the CDC at [www.cdc.gov](http://www.cdc.gov).

For more information visit: [health.arizona.edu/immunizations-travel-clinic](http://health.arizona.edu/immunizations-travel-clinic)

\*The University of Arizona requires proof of measles and mumps (MMR) vaccination for all students born after 12/31/56.

