

welcome home!

Living in a pandemic isn't easy. Thank you for doing your part to slow the spread of COVID-19 and keep our Wildcat family healthy.

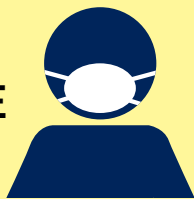
**WASH YOUR
HANDS OFTEN**



6 FEET

**STAY AT LEAST 6 FEET
APART FROM OTHERS**

**WEAR A FACE COVERING
OVER YOUR MOUTH & NOSE
WHEN AROUND OTHERS**

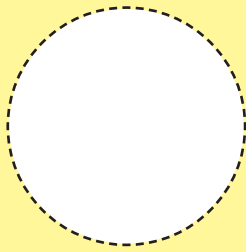


**AVOID CROWDS & MEET OUTDOORS
WHERE YOU CAN STAY 6 FEET APART**

**DO NOT SHARE DISHES,
CUPS, OR UTENSILS**



**CLEAN & DISINFECT
FREQUENTLY TOUCHED
SURFACES DAILY**



WHAT TO DO

If You Are Sick

- **Stay home** if you have a fever, chills, cough, body aches, sore throat, loss of smell or taste, headache, or other symptoms of COVID-19
- Contact your healthcare provider or Campus Health at (520) 621-9202
- Stay away from others
- Get rest and stay hydrated
- Wear a face covering if you must be around other people
- Keep track of your symptoms
- If you have difficulty breathing, inability to stay awake, bluish lips or face, seek emergency medical care immediately

For up-to-date information on COVID-19:

HEALTH.ARIZONA.EDU

MEDICAL: (520) 621-9202

AFTER HOURS: (520) 570-7898

COUNSELING & PSYCH

SERVICES (CAPS): (520) 621-3334

