## RECOMMENDED VACCINES for Incoming Freshman

<table>
<thead>
<tr>
<th>VACCINE</th>
<th># OF DOSES</th>
<th>NOTES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hepatitis A</td>
<td>2-dose series, given over a 6-month period</td>
<td>This is a lifetime vaccination and recommended for travel.</td>
</tr>
<tr>
<td>Hepatitis B</td>
<td>3-dose series, given over a 6-month period</td>
<td>For most, this is considered a lifetime vaccination. A 2-dose series is available for those who qualify.</td>
</tr>
<tr>
<td>HPV</td>
<td>2 or 3-dose series, given over a 6-month period</td>
<td>Considered a lifetime vaccination which protects against the human papillomaviruses that cause most cervical cancers, anal cancer, and genital warts.</td>
</tr>
<tr>
<td>Influenza</td>
<td>1-dose, given seasonally</td>
<td>Seasonal vaccine and should be updated yearly.</td>
</tr>
<tr>
<td>Meningococcal (MenACWY)</td>
<td>1-dose, usually given in middle school and then another in high school before college</td>
<td>Considered effective protection against meningitis caused by serogroups A, C, W, &amp; Y for approximately 5 years, and might need to be updated for travel into endemic areas.</td>
</tr>
<tr>
<td>Meningitis B</td>
<td>2 or 3-dose series, given over a 1-6 month period</td>
<td>Considered to offer protection against meningitis caused by serogroup B.</td>
</tr>
<tr>
<td>MMR* (Measles/Mumps/Rubella)</td>
<td>2-dose series</td>
<td>2-MMRs are considered a lifetime vaccination.</td>
</tr>
<tr>
<td>Polio</td>
<td>3 to 4-dose series</td>
<td>Inactivated injectable Polio vaccination is considered a one-time adult booster for those who received the Polio series as a child.</td>
</tr>
<tr>
<td>Td OR Tdap (Tetanus/Diphtheria: Tetanus/Diphtheria/Acellular Pertussis)</td>
<td>Childhood series then 1-dose booster every 10 years</td>
<td>A Tdap is recommended when traveling within the last 10 years.</td>
</tr>
<tr>
<td>Varicella (Chicken Pox)</td>
<td>2-dose series</td>
<td>For those who did not have chicken pox as a child. It is considered a lifetime vaccination.</td>
</tr>
</tbody>
</table>

Each vaccination has risks and possible complications. Questions? Contact the UA Campus Health Service Immunization Nurse at (520) 621-2292, your healthcare provider, or the CDC at www.cdc.gov.

*The University of Arizona requires proof of measles and mumps (MMR) vaccination for all students born after 12/31/56.

For more information visit: health.arizona.edu/immunizations-travel-clinic