PREVENTION IS KEY.

Prevent the spread of Coronavirus (COVID-19)

**WASH YOUR HANDS OFTEN** with soap & water for at least 20 seconds or use an alcohol-based hand sanitizer.

**STAY HOME** if you are sick.

**CLEAN & DISINFECT** frequently touched objects & surfaces.

**MAINTAIN GOOD PHYSICAL DISTANCE** (about 6 feet) to protect yourself & others from exposure.

**COVER YOUR MOUTH & NOSE** with a cloth face covering when around others.

For up-to-date information on COVID-19: HEALTH.ARIZONA.EDU

MEDICAL: (520) 621-9202
AFTER HOURS: (520) 570-7898
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