



July 2025

Dear Wildcat,

Do you have questions about meningitis or the “meningitis vaccine”?

The term meningitis refers to an infection of the outer surface of the brain. Meningitis can be caused by a number of different bacteria and viruses. The news you may have heard about meningitis outbreaks on college campuses is related to a type of bacterial meningitis known as meningococcal meningitis.

This type of meningitis can be life threatening. Fortunately, it is rare, and can be further prevented through vaccination.

Campus Health **strongly recommends** that students get vaccinated against meningococcal meningitis, particularly if you will be living in a dorm or in fraternity/sorority housing.

We’ve provided more detailed information regarding meningococcal meningitis and the vaccines on our website at: <https://www.health.arizona.edu/meningitis-fags>. Please take a few minutes to review this information and consider discussing it with your parents and your health care provider.

If you haven’t received the meningitis vaccines, you can receive them Campus Health, or from your provider back home. To schedule an appointment at Campus Health please call (520) 621-2292.

Keep in mind that there are multiple vaccines that protect against different strains of the disease, so you’ll want to review your vaccination history to make sure have received both types (MenACWY and MenB).

If you, your parents or your physician have any questions, please feel free to call us at (520) 621-2292.

Wishing you good health and a great college experience ahead.

Sincerely,

David Salafsky, DrPH, MPH  
Executive Director  
Campus Health  
The University of Arizona