

# STI/STD TESTING INFORMATION

Infectious Agent	Transmission	Symptoms	Testing	Treatment
<b>Chlamydia</b>	Exposure to bodily fluids*	Most people have no symptoms. Symptoms may occur 1-3 weeks after exposure, and include pain in pelvic area, pain with urination or intercourse, cervical, urethral, or anal discharge, and sore throat. Swelling in the testicles or bleeding after sex may occur.	7-14 days after exposure	Antibiotics. Re-screening is strongly recommended after treatment.
<b>Gonorrhea</b>	Exposure to bodily fluids*	Some people have no symptoms. Symptoms may occur 2-10 Days After Exposure. May have pain or burning with urination, vaginal, anal, or penile discharge, bleeding between menstrual periods, and/or sore throat.	7 days after exposure	Antibiotics. Re-screening is strongly recommended after treatment.
<b>Hepatitis B</b>	Exposure to bodily fluids*	Some people have very mild or no symptoms at all. Symptoms may include fatigue, nausea, and jaundice (yellow skin and eyes) with dark urine.	2-6 months after exposure	Sometimes treated with antiviral drugs
<b>Herpes Simplex Virus (HSV)</b>	Skin to skin contact. Can be spread without penetrative intercourse or visible lesions.	Small blisters which then rupture, leaving painful, shallow ulcers. They heal in about 12 days.	Swab of lesion	Antiviral medications and topical anesthetic cream
<b>HPV of the Cervix, Penis, Anus, Throat, or Mouth</b>	Oral/Genital contact	Usually no symptoms	Weeks to years after exposure. Cervical pap testing is recommended every 3 years, starting at age 21.	Sometimes treatment is not necessary, as the body's immune system clears the HPV infection over time. Treatment may include freezing or surgery.
<b>HPV of Skin/Genital Warts</b>	Skin-to-skin contact	Skin lesions can be flat, rough or cauliflower-like in texture. Usually not painful but may itch.	Weeks to years after exposure	Treatment depends on location and severity. Options include Aldara cream (Rx), laser surgery, or freezing with liquid nitrogen.
<b>HIV</b>	Exposure to bodily fluids*	Early: flu-like symptoms for 2 weeks. No obvious symptoms for a few months to many years.	3-12 weeks after exposure	Antiviral drugs and specific medications for complications. There is no cure.

\*blood, semen, vaginal secretions, and breast milk

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(CONTINUED FROM FRONT)

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<b>Molluscum Contagiosum</b> (not necessarily sexually transmitted)	Skin to skin contact. Can be spread without penetrative intercourse or visible lesions.	Small, round, raised lesions with a shiny surface. Occurs on genital skin, thighs, abdomen, and other body areas. Often mistaken for warts.	1 week - 6 months after exposure	Curettage or cryotherapy. A blister will form and the bump will disappear as the blister heals.
<b>Mycoplasma Genitalium and Non-gonococcal Urethritis</b>	Exposure to bodily fluids*	Some people have no symptoms. Symptoms may include painful and frequent urination, and possibly a discharge.	7-14 days after exposure	Antibiotics
<b>Syphilis</b>	Sexual contact or direct contact with a syphilis sore	Occurs in stages and may progress from a painless, open sore to a rash.	10-90 days after exposure. Blood test 3 months after exposure.	Antibiotics
<b>Trichomoniasis</b>	Exposure to bodily fluids*	Most people have no symptoms. Symptoms may appear 5-28 days after exposure and may include greenish-yellow discharge with fishy odor, itching, burning, and painful urination.	4-20 days after exposure	Antibiotics. Re-screening is strongly recommended after treatment.

\*blood, semen, vaginal secretions, and breast milk

**Signs:** pain, redness, bumps, painful sores, unusual discharge, painful urination, itching or unusual odor. **Note:** Some STI/STDs show no signs or symptoms.

**Reduce Your Risks:** Limit your number of partners. Barrier methods, condoms, and latex dental dams can reduce transmission. Get tested regularly, learn about your body and be aware of changes. Communicate openly with your partner, avoid alcohol and drugs, and know your personal boundaries.

## RESOURCES (area code 520)

### UA Campus Health Service

- Sexual Health Questions .....621-4967
- Appointments and STI/STD Testing.....621-9202
- Pharmacy.....626-6516
- Counseling & Psych Services (CAPS).....621-3334
- Survivor Support Services.....621-5767
- Women's Health/LGBTQ+ Health .....626-5738

### Local

- Southern Arizona AIDS Foundation.....628-7223
- Planned Parenthood of Arizona.....408-PLAN
- Pima County Health Department  
Theresa Lee Center (STI Testing).....724-7900
- Southern Arizona Center Against  
Sexual Assault (24-hour hotline).....327-7273



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