

sex talk.

answers to your questions about sex and relationships

sexual health mythbusters!

2016 EDITION

Every Monday since 1995 SexTalk has answered questions about sex and relationships from UA students. Here are some of the persistent myths that we often hear:

MYTH: If I go to Campus Health for birth control, my parents will find out.

FACT: If you are 18 or older, your medical records are confidential and protected. Your parents cannot access them without your written permission.

MYTH: I heard ASU has its very own STD. Is that true?

FACT: Wildcats get the same sexually transmitted infections that afflict Sun Devils. The top 3 at UA are chlamydia, HPV, and herpes.

MYTH: Peeing after sex keeps you from getting an STD.

FACT: Sorry, urine won't prevent herpes, chlamydia, HIV, or other STDs. Peeing after sex might help avoid a urinary tract infection, so it IS a good idea to take a trip to the bathroom after sex.

MYTH: Mountain Dew shrinks your testicles and lowers sperm count.

FACT: Good news: NO. Bad news: Mountain Dew is not male birth control – it's just caffeinated sugar.

MYTH: You can't get pregnant the first time you have sex.

FACT: First time, tenth time, 100th time – it doesn't matter. Young adults and teens are at their peak fertility.

MYTH: Oral sex isn't really "sex," so it's safe, right?

FACT: Oral sex increases your risk of sexually transmitted infections like herpes, chlamydia, and gonorrhea.

MYTH: Women can't get pregnant when they are "on top," right?

FACT: Fertile females get pregnant in all kinds of positions (read the Kama Sutra for ideas).

wildfact

UA Campus Health offers many sexual health products and services: STD testing and treatment, condoms, the "morning after pill," HPV vaccine, birth control, etc. And, Campus Health protects your privacy – if you Bursar any charges, your statement will simply read: "Student Health Charge."



www.health.arizona.edu

Have a question? Email it to sextalk@email.arizona.edu



**CAMPUS
HEALTH**

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