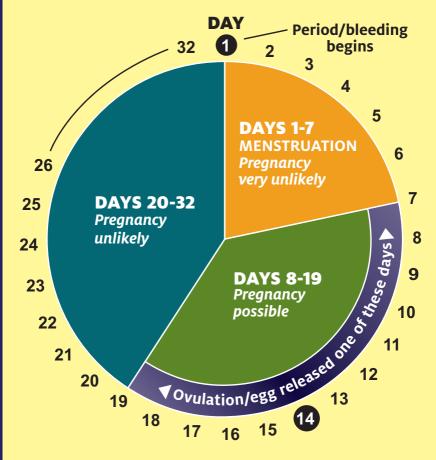


answers to your questions about sex and relationships

wildfact

The average woman is estimated to have 450 periods in her lifetime.

The Menstrual Cycle and Fertility Explained*



*Cycles vary among women and may change over time. Typically, cycles last between 21 and 32 days, with an average of 28 days. Ovulation occurs on or around day 14.



Have a question? Email it to sextalk@email.arizona.edu



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